

2 Hands at Work



Take the list of the Fruits of the Spirit and write those that you did not cross out on another piece of paper. Beside each one, write what you are going to do to improve in this area. At the end of the week, look back at your list to see how it went. Write your conclusions and share them with someone you trust.

3 Memorize

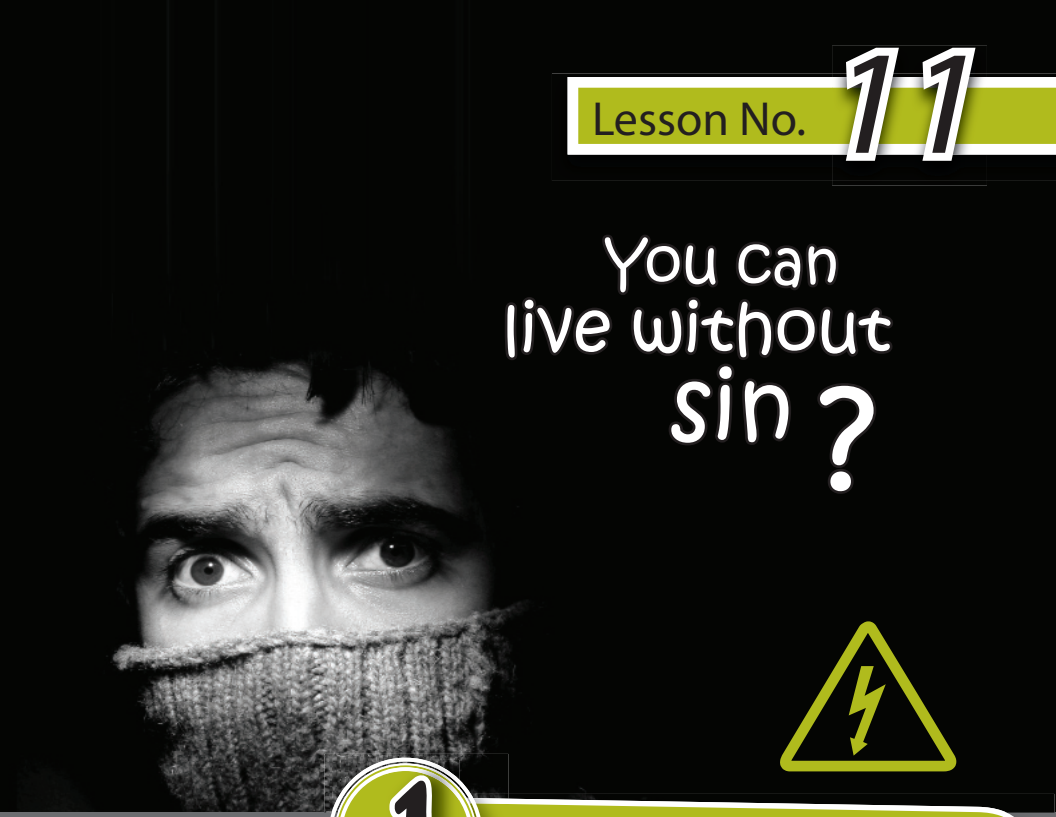
"For all have sinned and fall short of the glory of God."
Romans 3:23

4 Weekly Challenge

Read the book of Romans, chapters one to seven, writing down what you learn in your journal. Read a chapter each day this week and don't forget to mark the corresponding box each time you read a chapter.

Book	M	T	W	Th	F	Sa	Su
Romans	1	2	3	4	5	6	7

You can live without sin?



1 Connect with the Word



When we talk about the start of every living thing, we should go to the book of Genesis, which means "beginning." Here we find the story of the creation of the world and everything in existence. How interesting that God has left us with such a complete and detailed story of its creation.

The story tells us that in the beginning when nothing on earth existed, God, in an act of love, wanted to create everything for us.

On the first day He created day and night. On the second day He created the heavens. On the third day God created the seas and made the land produce green plants - plants that produce seed and trees that give fruit. On the fourth day He created the sun for the day and the moon and stars for the night. On the fifth day He created the great creatures of the sea and all the living things that fill the water and the birds. On the sixth day He made the animals according to their kind, livestock, and every creature that moves along the ground, each according to their kinds. And as His final work, He created humans: man and woman.

Then God rested on the seventh day.



We are going to begin today's lesson by going back to the first book of the Bible: Genesis. Carefully read chapter three of this fascinating book and in a few words write what this chapter is about. _____

According to Genesis 2:17 and 3:6, what act shows that Adam and Eve voluntarily disobeyed God? _____

The consequence of the fall of Adam and Eve was that every other human was to be born with the inclination, predisposition, or tendency toward evil, which we know as original sin (inherent).

From that moment on, every human has had an internal battle with the predisposition to live in a way that is contrary to the known will of God. This truth is reflected in Romans 3:23.

Read this verse a few times in order to understand and then write it in your own words. _____

Because of disobedience, we are very far from the will of God and from reflecting who He is. Write what Isaiah, the Old Testament prophet, says in Isaiah 53:6 _____

This means that, as John wrote in chapter three, verse 16 of his gospel, when we believe in Jesus as our Savior, He saves us from the condemnation that we deserve, and makes us children of God (read John 1:12).

Upon becoming His children, our Heavenly Father begins to solve the problem of sin in us, which was a consequence of the fall of Adam.



First, He forgives our sins and takes away our guilt for sinful actions we committed. This prepares the way so that later on, through the Holy Spirit, our hearts can be cleansed or purified of inherent sin. This second work of grace is known as Entire Sanctification. Sin has a solution through divine justice, and the only thing that we need for this is (read Romans 4:5 and write the answer): _____.

This justification that God granted means that you were forgiven for all the bad that you have done. You can have (write what Romans 5:1 says) _____ through _____.

Here you will find a list of traits of those who are without God, and another list of what the Holy Spirit produces in our lives.

Read the first list and cross out the things that are not in your life, leaving only the things that you believe God needs to work on with you.

Likewise, with the list of Fruit of the Spirit, cross out the traits that you have, and leave the things that you believe the Spirit needs to re-inforce or build up in you.

Fruit of the Sinful Nature

- Sexual Immorality
- Impure things
- Vicious things
- Worship Idols
- Hatred
- Discord
- Jealousy
- Easily angered
- Cause rivalries
- Cause divisions
- Cause partisanship
- They are envious
- Drunks
- Gluttons

Fruit of the Spirit

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

If we try to live in accordance with the Holy Spirit, we will have a victorious life, a holy life. Our Heavenly Father completely resolved the problem of the consequences of the fall of Adam, first by forgiving us, then cleansing us, making us able to choose His perfect will for our lives and overcome temptations. He does this through the Holy Spirit by our faith. He can do this in you if you agree to do His will.